

## REGISTRATION FEES

Professionals ☐ \$225  
Students\* ☐ \$100

\*Full-time students only. Proof of full-time student status will be required.

All conference materials will be included in the cost of registration

## PAYMENT OPTIONS

**ALL participants MUST register online at**  
**<https://appengine.egov.com/apps/id/hwnorthwestconf>**

**ATTENTION: State employees must pay by**  
**P.C.A. transfer**

**P.C.A. TRANSFER** - if you are a State employee, please register online and submit an in-house transfer to P.C.A. 77698

**CREDIT CARD** - register online and pay at:  
<https://appengine.egov.com/apps/id/hwnorthwestconf>

**CHECK** - register online, complete section below, & make a check payable to 'State Hospital North' and send to State Hospital North—Northwest Conference, 300 Hospital Dr, Orofino, ID 83544

NAME: \_\_\_\_\_ PROFESSION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

If you have any special physical requirements or any medical-related dietary needs, please notify State Hospital North at least 14 days in advance at 208-476-8107.

Northwest Conference organizers cannot be held liable for events beyond their control: such as acts of God, government regulations, disasters or weather-related hazards, or any other emergency, making it inadvisable or impossible to hold the event. If there is an event cancellation, we will make every effort to inform registrants immediately. Grievances about the workshop may be addressed to the e-mail below. Cancellations for refunds will only be accepted with at least 14 days notice prior to the start of the event.

### Questions or concerns

[NorthWestConference@dhw.idaho.gov](mailto:NorthWestConference@dhw.idaho.gov) or 208-476-8107

In association with...



IDAHO DEPARTMENT OF  
HEALTH & WELFARE



Check out our Q.R. code if you have a smartphone.



**BW** | Best Western.  
Hotels & Resorts

**Best Western at River's Edge** — convenient lodging right at the conference venue. 615 Main Street, Orofino, Idaho 83544.



Call 208-476-9999 and identify yourself as a Northwest Conference attendee for reduced hotel pricing.

**IDAHO** Department of  
Health and Welfare

**Northwest Conference on Complicated and Severe Psychiatric Presentations**

**Dissociation — A Core Feature Of Trauma, Its Masquerading Presentation, and Treatment**



*A conference for Physicians, NPs, PAs, RNs, Psychologists, Social Workers, and other Professionals who treat patients with Severe Emotional Dysregulation*

**18th-19th September 2019**

**Orofino, Idaho**



## About the Presenter

Colin A. Ross, M.D. has authored 32 books and over 225 professional papers; he has reviewed for numerous professional journals and grant agencies and is a past President of the International Society for the Study of

Trauma and Dissociation. He has spoken widely throughout North America and Europe and in China, Malaysia, Australia and New Zealand.

The Ross Institute ([www.rossinst.com](http://www.rossinst.com)) was founded in 1995 by Colin A. Ross, M.D. The Institute is a private corporation that specializes in the management of psychiatric treatment programs and is currently contracted to provide management and treatment services to UBH Denton, in Denton, Texas, Forest View Hospital in Grand Rapids, Michigan, and Del Amo Hospital, in Torrance, California. Dr. Ross is also the Co-Founder of Trauma Education Essentials ([www.traumaedessentials.com](http://www.traumaedessentials.com)), which provides webinars and workshops on trauma.

## Continuing Education Information

A maximum of thirteen (13) C.E.U. hours for continuing education will be available for full attendance of both days of this intermediate-level conference.

**Important:** Daily C.E. credits will be provided only to individuals who sign-in upon arrival, attend all sessions in their entirety and pickup their C.E. certificate upon departure. Those arriving after the schedule start time or leaving before it is complete will not receive C.E. credit for the activity. Credits will not be given for partial day attendance. Contact your own board or accrediting organization for specific requirements.

## Conference Overview

### Dissociation — A Core Feature of Trauma, Its Masquerading Presentation, and Treatment

The conference will address the neurobiological substrates of dissociation, clinical and psychometric assessment, understanding the many faces of dissociation, differential diagnosis, treatment interventions for management of dissociation across the severity spectrum, and application and implementation of therapeutic dissociation for containment of intrusive traumatic symptoms.

Dissociation appears to be ubiquitous in clinical and nonclinical populations though frequently missed or chalked up to another psychiatric condition. Research shows that up to 10% of non-clinical adults meet criteria for a dissociative disorder, and the DSM-5 notes that, 'approximately one half of all adults have experienced at least one lifetime episode of depersonalization/derealization.'

Dissociation may manifest its masquerading nature in the following ways: loss of one's personal identity; odd sensations such as a 'head filled with cotton'; altered sense of time. Research shows that 64% of those individuals with borderline personality disorder have a comorbid dissociative disorder; early trauma & dissociation are associated with a range of psychotic symptoms; hallucinations, particularly auditory & tactile in traumatized individuals, can be dissociative in nature rather than psychotic; some suicide attempts & self-mutilation may be a manifestation of analgesic tolerance of pain associated with dissociation; & dissociation has been found to occur in severe forms of perpetrators of intimate partner violence.

Dissociative symptoms may be misdiagnosed for disorganized features of a personality, i.e. periods of disorganized sense of self, lapses of memory inconsistent with normal forgetting, schizophrenia, mood disorders, neurocognitive memory impairments and borderline personality disorder.

### Wednesday 18th September - 6.5 hours

- 8:00AM **Historical Basis of Dissociation**  
Evidence for normal versus clinical dissociation.  
Possible precursors to dissociation.
- 10:00AM **15-minute break**
- 10:15AM **Trauma Response of 'Fight, Flight, or Freeze'**  
*How dissociation accounts for major trauma systems & P.T.S.D. Neurobiological basis for dissociation and learning the difference.*
- 12:00PM **Lunch on own (1 hour)**
- 1:00PM **The Many Faces of Dissociation—** Episodes of single episode trauma, peritraumatic dissociation, flashbacks, emotional numbing, depersonalization, derealization, dissociative amnesia, dissociative identity disorder, and dissociation masquerading as other symptoms.
- 3:00PM **15-minute break**
- 3:15PM **Case Presentations & Questions**
- 4:00PM **Adjourn**

### Thursday 19th September - 6.5 hours

- 8:00AM **Assessment of Dissociation**  
(DES, SCID-D-R, DDIS, as well as many others)
- Interventions for Dissociation During the Treatment Hour**
- 10:00AM **15-minute break**
- 10:15AM **Management of the Protracted Dissociative Patient**
- 12:00PM **Lunch on own (1 hour)**
- 1:00PM **Interventions and Containment for Dissociation Outside the Treatment Hour.**
- 2:00PM **Use of Therapeutic Dissociation**
- 3:00PM **15-minute break**
- 3:15PM **Case Presentations, Wrap-Up & Questions**
- 4:00PM **Finish**